



SEPTEMBER 2026

TRI-CENTER MENU

MONDAY

31 B: HOMEMADE
BREAKFAST BURRITOS
DICED PEACHES

L: CHICKEN TENDERS
SMILEY FACES
FRESH CARROTS/CELERY
CUTIE

7 NO SCHOOL

14 B: EGG & SAUSAGE
ENGLISH MUFFIN
SANDWICH
CUTIES

L: MAC & CHEESE
KABASA
STEAM PEAS
APPLE

21 B: BREAKFAST PIZZA
CUTIE

L: ORANGE CHICKEN
RICE
STEAMED BROCCOLI
MANDARIN ORANGES

TUESDAY

1 B: WAFFLES
SYRUP
ORANGES

L: STUFFED CRUST
CHEESE PIZZA
BROCCOLI
STRAWBERRIES

8 B: BREAKFAST
SANDWICH
BLUEBERRIES

L: POPCORN CHICKEN
MASH POTATO BOWL
CORN, CHEESE
DICED PEACHES

15 B: COMPANY
FRENCH TOAST
DICED PEARS

L: PULLED PORK
W/ BUN
BAKED BEANS
COLESLAW
MANDARIN ORANGES

22 B: FRENCH TOAST
STICKS
STRAWBERRIES

L: HAMBURGER
W/ CHEESE
FRENCH FRIES
CORN ON COB
WATERMELON

WEDNESDAY

2 B: PANCAKES
SLICED PEACHES
L: TACO BAR W/
GROUND BEEF
TOMATOES, LETTUCE
SHREDDED CHEESE,
REFRIED BEANS,
FIESTA CORN
ORANGES

9 B: PARFAIT W/
BERRIES & GRANOLA

L: HOT DOG W/ BUN
CORN ON COB
BAG OF CHIPS
WATERMELON
SUGAR COOKIE

16 B: BISCUITS
& GRAVY
APPLESAUCE

L: CHICKEN NOODLE
SOUP
GRILLED CHEESE
SANDWICH
GREEN BEANS
SLICED PEARS

23 B: BAGEL W/
CREAM CHEESE
FRESH BERRIES

L: WALKING TACO
W/ BEEF
REFRIED BEANS
LETTUCE, TOMATO, CHEESE
PINEAPPLE

THURSDAY

3 B: CEREAL
TOAST
MIXED BERRIES

L: CRISPY CHICKEN
SANDWICH W/ BUN
CREAM PEAS
TATAR TOTS
APRICOTS

10 B: CEREAL
TOAST
SLICED PEARS

L: CHICKEN NUGGETS
FRENCH FRIES
CUCUMBERS
CHOCOLATE PUDDING

17 B: CEREAL, TOAST
FRUIT COCKTAIL

L: NACHOS
W/ GROUND BEEF
CHEESE SAUCE
W/ ALL THE FIXINGS
REFRIED BEANS, SPANISH
RICE
PINEAPPLE

24 B: CEREAL
TOAST
APPLESAUCE

L: PORK FITTER
MASH POTATOES
PEAS
DICED PEACHES

FRIDAY

4 B: HASH BROWNS
EGG CASSEROLE
PINEAPPLE

L: SPAGHETTI
MEATBALLS
BREADSTICK
GREEN BEANS
SLICED PEACHES

11 B: BLUEBERRY
MUFFINS
PINEAPPLE

L: CHILI
STICKY CINNAMON ROLL
STEAMED BROCCOLI
APPLE

18 B: PASTRIES
MIX BERRIES

L: GRILLED CHICKEN
SANDWICH
SUN CHIPS
SIDE SALAD (RANCH
DRESSING)
MANDARIN ORANGES

25 B: OMLETE
SAUSAGE
ENGLISH MUFFIN
BANANA

L: CHICKEN ALFREDO
GREEN BEANS
GARLIC BREAD
APPLE

AVAILABLE FOR MIDDLE SCHOOL & HIGH SCHOOL STUDENTS

SALADS

CONSIDERED A COMPLETE MEAL
MONDAY: CHICKEN CAESAR SALAD
TUESDAY: ASIAN SALAD
WEDNESDAY: TACO SALAD
THURSDAY: CHICKEN STRAWBERRY SALAD
FRIDAY: CHEF SALAD

BOX LUNCHES

CONSIDERED A COMPLETE MEAL
MONDAY: TURKEY & PROVOLONE
TUESDAY: HAM & AMERICAN CHEESE
WEDNESDAY: ROAST BEEF
THURSDAY: ITALIAN SUB
FRIDAY: CLUB WRAP

SLICE OF PIZZA

AVAILABLE TUES & THURS
STUFFED CRUST CHEESE
STUFFED CRUST PEPPERONI
*MAKE IT A COMPLETE MEAL BY GRABBING A FRUIT,
VEG, MILK OR EAT IT A LA CART FOR \$1.50*

RICE BOWLS

CONSIDERED A COMPLETE MEAL
MONDAY: CHICKEN
WEDNESDAY: BEEF
FRIDAY: CHICKEN

8OZ OF JUICE SERVED WITH BREAKFAST
MILK AVAILABLE AT ALL MEALS

MENU SUBJECT TO CHANGE WITHOUT
NOTICE